PROGRESS and the MODERN HOUSEHOLD



INAUGURATION PAGEANT

About Florence Fleming Noyes, Who Will Typify Columbia "in Spirit and in Truth" on the Steps of the Treasury Building in Washington.

benefit of a lonely but delighted reporter tracted wide attention. of The Tribunc. The events is the pageant the Treasury at Washinston to-morrow deep in the near future—Miss Noyes is as part of the woman suffrage parade developing considerable prestige for her-self as an instructor in the art of danresent Liberty in the symbolic pageant. son who would be able to catch and reveal the swing and poise, the spirit, the son and Mrs Richard Bennett, confidence yet the refinement of the ideal stance, are among them, while the of liberty as well as this young Ameri-

be able to get as first hand an impression of the value and meaning of dancing of it as the one for whom alone it was given in all the unconsciousness of the private rehearsal. Still, for that matter, Miss Noyes will not be self-conscious with a whole Pennsylvania avenue full of people watching her. For self-consclousness is lack of poise and muscular per the one who has mastered the art

AS SHE LOOKED DANCING.

Miss Noyes was arrayed in her dancng vells when she received, her audience of one. Her hair-which is full of wavy light as a dancer's hair should be-was bound up as the nymphs on Grecian urns bind theirs. Her feet, bared, met the floor surely, although the studio windows were

LIBERTY SYMBOCIZED. 'Just what are you going to do to sym-

bolize liberty?" was asked of her. "My entrance will be a great contrast to that of the rest." she answered. "After the herald's trumpets-counding one Charity, Peace, Liberty, Hope-who will come forward from the central door of

The figures who precede me will be the stately ones. They will approach in solemn procession. But when Columbia swing into the Triumphal March from 'Aida,' and I will leap forward with great, free limbed steps, like this."

SYMBOLIC DANCING.

Picking up a scarlet veil from the grand plano which stands by the windows, she stretched it at arm's length above her head. The planist dashed off the opening bars of the "Aida" music, and the dancer sprang forward with the easy vitality and reeful grace of a panther. In three or four leaps she had covered the length of ner big studio, her red vell fluttering, her head thrown back and a smile of flushed cletory in her face. Movement like that, authority on dancing of Miss Noves, "has a curious way of making

With this entrance Miss Notes will obably rivet attention on her further

REAL IDEAS IN HER DANCING. shall dance to the same music a number of figures, all based on the same idea as and make a most appropriate bridge I use in the entrance. Liberty is strong prize. and glad; she is confident, and has the le use of herself. The bodily freedom I will emphasize—the freedom of limb

The ideas which she intends to put into her dancing are there, and they need no

explanation

than my own costume. They will come runging out toward me. After them I will summon the second group. They will be draped in a still lighter shade of red. With these attendants, some twenty-four aber, I shall execute a dance typifying the ideas associated with liberty.

HOPE AND TANTALUS!

"At once, then, Hope will be seen timlars at the summit of the steps. I have planned her dance, together with that of ome little figures representing Tantalus, will dance about Hope to the music of Dvorak's 'Humoresque.

FROM COLUMBIA TO SPRITE. Throwing off the erect grandeur of her Liberty poses, Miss Noyes gathered herself up into the figure of a sprite and,

SCULPTORS APPRECIATIVE.

has been a matter of moment among the rage of sculptors on both sides of the has the most beautiful right arm in the world." She once posed for the famous Magazine" for March.

A personal rehearsal of what is to be Frenchman, so that he might model from her perfect arm, and no sooner had she ence Fleming Noyes in her studies at done that, of course, than she became the Acolian Hall yesterday afternoon for the sensation in Paris, where her dancing at-

Besides her public dancing she in also which is to take place on the steps of planning to give a matince at the Walcing. Already she has some very well and it would be hard to find another per- known people who have put themselves under her tultion. Edith Wynne Matthison and Mrs Richard Bennett, for inthe actual spectacle to-morrow may not able in her work and to gain her theories

self-control-two pests which do not ham- constructive kind it would not be necessary to tegin work on the physical plane. As it is, artificiality of living, conventional repression-the result of Puritanism-false education, inheritance-all this makes it necessary to apply something to cradicate the ill effects of these errors.

A WOMAN-MADE SYSTEM NEEDED

"A man-made system of physical train ing has been applied with some success. but that is simply using one artificial means to destroy another. It is not doing but undoing that is necessary.

after another down Pennsylvania avenue sult is natural unfoldment from the simannounce that the parade has started. ple to the more complex. When we at-Columbia, represented by Mrne. Nordica, tain perfect muscular freedom, with per steps of the Treasury Building. She will of the extremities will give way to free, on various symbolic figures-Justice, open, musical movements, in which health

"When the interrelation between the the Treasury Building and descend the mental moral and physical nature is persteps to a platform and plaza sat the foot feetly balanced we will repeat the beauties of the Greek civilization in its perfec-

Meantime, a great many thousand pairs summons me the musicians will at once of eyes will see to-morrow how the theories of this "newest" American dancer work out into practice, and a great many imaginations and emotions will be likely tion of this country's most boasted char-

Boudoir Notes

eyes and can draw out this brilliant bit dichnal qualities as well. The bottles sell of silk without comment. A curious little for 50 cents, 75 cents and \$1. ball will be revealed, to which is attached string. A pull of this string, and the handkerchief will open, disclosing a tiny lamb's wool or elderdown puff attached to the centre. Powder puff and way and will always be at hand when deplained. "When I reach the platform I sired. These handkerchief powder puffs can be bought in all colors for 50 cents

NEW BRILLIANTINES.

The medicinal properties of quinine are too well known to require further comment. It has been found most beneficial for the system taken internally, and for the scalp, when applied in the form of a OF THE REST OF THE PAGEANT, tonic. The hair specialists have now gone "Then I will summon the first group of a step further and have added quinine my attendants. They will be young girls dressed in red also, but in a paler shade brilliantines. If it benefits the hair when brilliantines. If it benefits the hair when applied in the tonic, the same good results should follow from the use of the brilliantine, especially when the scalp does not require the other toning effects

THE DIFFERENT NOTE.

The teacher turned the slip of paper over with a smile. "I think I shall have it framed and hung on the wall for my

"What can be in it?" questioned her friend. "I don't get any notes from nothers that I want to hang on the

"This is the first I wanted to keep. It and is so interested. And there is added apple, cherry and peach blossoms fills the with quick laughter and nimble gro-with quick laughter and nimble gro-lessurers, she dodged around a studio I can't tell you how it cheered me. I tesquerie, she dodged around a studio think in my ten years' experience I've with the fragrance of flowers. It is clean, had all the varieties of complaining notes, had all the varieties of complaining notes. terested in all my pupils, of course, but and should prove unusually interesting to ful: Miss Noyes is a Massachusetts girl, I can't help feeling a little additional infrom Sharon, near Boston. Her dancing terest in Teddy since I see that my efforts of the heavier bouquet odors. are understood and appreciated."

other, musingly.

"Well, I wish more of them would take on record with the assertion "Miss Noyes the trouble to say so," said the first. extracts, as it sells for \$1 a bottle. The

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MISS FLORENCE FLEMING NOYES, WHO WILL REPRESENT LIBERTY IN THE SUFFRAGE PAGEANT AT

pocket, the sleeve or the front of a wom- the most carefully cared for heads. For an's coat is not necessarily a silk hand- this purpose alone many fastidious womkerchief. Just watch the owner when en use a brilliantine, and should be par she thinks she is out of sight of curious ticularly interested in one possessing me-

THE PERFUMED BATH.

of luxury for the perfumed bath. A sweet a little careful planning, these dishes may tablespoonful of minced paraley and, if odor is a recognized harmless narcotic; be of such a nature that they may be powder can be carried securely in this it lulls the tired nerves to rest and gives prepared during the early forenoon and bath the results are wonderfully bene-the chaing dish by the housekeeper her-ficial. After a tiresome round of shop-self. In fact, this will also be found an bath will give one the impetus and inhours. The perfume, however, must be for any preferred work or recreation. an alluring one, a scent which appeals to the individual. In this appeal one of the menus and marketing, the actual culinary new bouquet odors has been most successful. It has just enough of the spiciness of the East to make it refreshing, and yet it time. Utilize the one heating of the oven is not overwhelming and is more subtle for baking the potatoes, custards, wafers than persistent. There is a distinctly floral and chocolate gingerbread. This will

> It is such a simple thing to drop a teayet the results are so worth while. Though the idea of a perfumed bath may sound luxurious and extravagant, the fact does not carry out this belief, because a is required for each bath.

A NEW PERFUME SCHEME.

There is a fascinating, new odor which is from Mrs. Warren, and tells me how rate-to an orchard where the odor of piquant and very good and wholesome, following tested recipes may prove help-

compared to many of the superfine French necessities, so that the perfume scheme may be continued. It can be found in the sachet and the soap.

Russian influence. The vogue for all that is Eastern is so strong at this time that it is not surprising to find it has extended to perfumes, especially when it is remembered that the Russian women are exceedingly fond of sweet odors. As a rule, heavy, with a suggestion of musk, which is used so freely in the East, but this delightfully delicate and appealing. It is encased, as one would expect, in

triangular in shape, with an attractive For "News of Women's Clubs" see Page 4.

fumery, in a triangular leather case. The

WHEN ROUTINE VARIES

What Can Be Done When the Maid's "Day Out" Comes Along and What Can Be Done When Company Is Expected.

where only one maid is employed. Thurs- and butter are perfectly smooth, a little day is her recognized time of liberty. a at a time, a large cupful of warm milk There is a reason deeper than the love ing, possibly, one or two hot dishes. With boils; add the veal and mushrooms, a sense of contentment. When this odor is combined with the invigoration of a be of some appetizing dainty, cooked in pattles may either be made in the mornping, social engagements, etc., a perfumed admirable plan for the bousewife who is

preparation for both dinner and supper on Thursday should consume but little suggestion which is sometimes lost in the economize on the quantity of gas consumed, as gas ovens, if not carefully studied and the heat used to the greatest spoonful of the perfumed crystals into the advantage, will add by their consumption basin or a tablespoonful into the bath, and | materially to the cost of the various

Select as the main course for dinner breaded veal cutlets, with a spicy tomato flour as possible and then baked in a sauce, accompanied by stuffed tomatoes encouragement whenever I am cast large bottle of the crystals can be pur- and creamed cabbage. Precede this by chased for \$1 50, and only a small amount | bouillon, prepared from bouillon cubes, dissolved in boiling water, while the dessert may consist of pineapple sponge, peel will be found useful, as the same served with a whipped cream sauce,

DINNER.

Bouillon, crackers, breaded yeal cutlet-creamed cabbage, stuffed potatoes, pineapple sponge, poanut wafers, coffice.

SUPPER.

Veal and mushroom patties, stuffed olives, elery, angel custards, chocolate gingerbread.

In preparing the various dishes the

PINEAPPLE SPONGE.

Place in the upper part of the double re understood and appreciated."

The skill of the Frenchman is noticeable boller one pint of milk, and when it is in the quaintly shaped bottle, bearing a hot add a pinch of salt, a heaping table. boiler one pint of milk, and when it is doing it. Her arms, especially, have been ful to a teacher for her efforts," said the ter for five minutes, stir in a third of a hox of gelatine (that has been soaked same fragrance in several other toilet water) and stir until the gelatine is of a pound of powdered sugar, the volks tollet water; the lotion, which contains er. Then fold in a large cupful of flaked ownces of sifted flour, half a teaspoonful more oil than the toilet water; the cau de preserved pineapple (drained) and half of vanilla extract and one ounce of corncologne, the brillantine, the powder, the a pint of cream, beaten solid. Pour into starch. Beat the cake batter steadlly, Another delicious perfume which adds chill and harden. Serve unmoulded on a one tablespoonful of cooking sherry and nevelty to its charm clearly shows the glass platter and pour over a whipped mix in lightly a small cupful of shredded

PEANUT WAFERS.

tablespoonfuls of melted butter, one in five minutes the oven is right. large cupful of chopped peanuts and one teaspoonful of baking powder sifted with sufficient flour to form a dough such a chef d'œuvre in the art of per-

of clearest crystal, is likewise

soon as it has melted stir in a tableso many households, especially spoonful of flour. Add when the flour and celery salt. Be sure that the sauc wine is used, two tablespoonfuls of

spiration to enter the social whiri again home without their assistance, as it will. With the advent of spring and its and to enjoy it until the early morning leave her afternoon comparatively free attendant season of hospitality the hostless should acquaint herself with recipes With a little thought given to the for little cakes and wafers, which are so attractive and appropriate to serve either

with the informal cup of tea that you may offer to the chance guest or for forms of more elaborate entertainment. The greatest difficulty that most house keepers experience in making these confections is that too much flour is used in their preparation, and consequently less. Especially is this true in regard to jumbles, wafers and all varieties of snaps and cookies, which, although thin and crisp, should be rolled out with as little

If they are to be baked frequently, bottle of nut meats, raisins, currants, citron and candied orange and lemon recipe may be varied by their addition, thus giving the hostess several varieties from the one baking.

As examples of these tempting little cakes the following tested recipes are

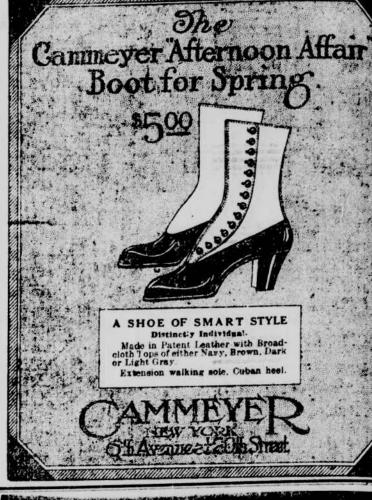
Cream together half a cupful of butter with one cupful of granulated sugar. Then add two well beaten cggs, a teaspoonful of vanilla extract, one cupful of chopped nut meats and a teaspoonful of baking powder, sifted with sufficient flour to form a dough that can be handled. Roll out on the pastry board as thin as possible, cut into any desired shape, arrange on a greased baking sheet and cook in a quick oven.

CITRON PATTY CAKES.

Beat to a cream one-quarter of a cupful for five minutes in half a cupful of cold of butter and gradually add one-quarter dissolved. Remove from the fire, and of three small eggs (or two large ones) when almost cold beat with an egg beat- the stiffly whipped egg whites, three ring mould and set in the icebox to with an "everhand motion"; season with citron that has been dusted with flour. Turn into small crimped patty pans that have been well greased and bake in a dered sugar, half a teaspoonful of cinna-Reat, to a stiff froth two eggs and add steady oven for about twenty minutes. mon and a few drops of lemon juice. Lay half a cupful of sugar, a pinch of salt. To test the oven for these cakes, put in a salispoonful of grated nutmeg, two a piece of letter paper; if it turns yellow moderate oven.

ICED CINNAMON STICKS.

VEAL AND MUSHROOM PATTIES. the ingredients are thoroughly blended, batter that will drop from the spoon Cut the remainder of the cutlet (left over from dinner) into small dice and mix with half the quantity of button mushrooms cut into halves. Place in the upper part of the chafing dish one one egg, a quarter of a pound of pow-



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the strips on buttered tins and bake in a

MAPLE SUGAR COOKIES.

Cream together one scant cupful of but-These are particularly delicious and a ter, with three cupfuls of crushed maple new extract is quite free from it, and is that can be rolled out. Roll out on the decided novelty. Mix together four ounces sugar and add in the order mentioned pastry board into a thin sheet and cut of almond paste (this may be purchased two well beaten eggs, three-quarters of a pastry board into a thin sheet and cut into small circles. Bake until crisp and four ounces of powdered sugar and one dissolved a scant teaspoonful of taking teaspoonful of ground cinnamon. When soda, and sufficient sifted flour to form a

Daily Bill of Fare.

MONDAY.

BREAKFAST .- Apples, coddled es

graham gems, coffee. LUNCHEON.—Chicken patties, Ge man coffee cakes, raspberry jam, tea-DINNER.-Celery soup, veal cutle with maltre d'hôtel butter, mashed p tatoes, dandelion salad, steamed fri pudding, coffee,